



Program

The Bradman Foundation is sharing its coaching expertise, resources and facilities at Bradman Oval to provide opportunities for public school students who would not normally be able to experience sport. The program consists of 40 x one hour multi-sport sessions over four terms for Children who require support, socially, mentally and physically ages 10 to 17 years.

Aims:

COVERDRIVE, playing for a brighter future is designed to use sport based activities and values, to teach key social skills that are considered to be important for ensuring successful classroom and social interactions. The principles upon which the program has been developed include:

- Social skills are related to all aspects of life's behavior and sport provides unlimited examples
- All students, not just those with difficulties, benefit from learning social skills through involvement in sport.
- Students with disabilities and / or difficulties are more successfully integrated into mainstream classrooms and sports clubs when they process social skills
- Confidence comes from self-acceptance, successful and enjoyable experiences by having a go.
- Learning is most effective when it is fun and children are provided with opportunities to participate.

Outcomes:

Our programs focus on the following:

- Playing games well – having a go, playing fairly, being on a team, a good winner, and being a good loser.
- Being positive – Sharing, giving and receiving compliments.
- Taking risks - approaching and joining in, it's a game.
- Co-operating –making decisions as a team, respecting other people's ability levels, sharing, and including others.
- Being interesting - Have a go, try hard and laugh.



Inspire disadvantaged children to be involved.

- Creating a positive environment - developing a positive group feeling, rewards for the whole group.
- Building self-esteem and confidence - being successful, general principles for enhancing self-esteem, and controlling body language.
- The small group approaches - organizing a games group, the games and rules strategy, and waiting your turn.

Program Structure / Methods of Delivery:

The structure of *COVERDRIVE* is neither fixed nor scripted. There are four different approaches to implementing the activities.

1. Bradman Foundation funds specialist coaches to deliver programs into schools and clubs.
2. Partnering with likeminded charities to provide funds, resources and community support for Gala Days to build awareness of the needs within regional communities. i.e Rotary International and Primary Club of Australia
3. Combining the children from all schools within the one region.
4. Mix and match

The teaching strategy for promoting engagement is to set out a program that:

- a. Is delivered as part of the routine that suits the support staff of the school or club. i.e Same time, same place each week .
- b. The School or club will organize the children to attend, but the coaches and their programs must inspire the children to participate

Success indicators are based on the level each child participates in the activities and then the percentage of the children in the group who take part.

Resources

- Bradman Oval, Pavilion and the Museum for wet weather days.
- One Level 2 Coach who is the Program Coordinator
- Two Support activity supervisors. We have trained volunteers to work with our cricket officer.
- Teachers from the various High Schools also assist in managing the children.
- Range of Equipment, We have supplied the cricket equipment most of which has been donated by the private Schools; these consist of soccer balls, football, plastic stumps, tennis rackets and tennis balls.



Our Advice *"It's important to remember that even if you're teaching special needs children in a traditional school, you need to customise learning programs to their individual needs. You also need to develop skills with teachers – to the teacher's capabilities – so that they can continue to promote learning and development."*

The Bradman Foundation has:

- in partnership with Rotary International, has hosted *Come and Try Gala Days* across regional NSW for 6 years to provide activities for 3000 children with disabilities.
- in partnership with NSW Sport & Recreation has increased participation in these clinics by sending coaches to schools to deliver sessions.
- worked with specialist groups to engage and provide opportunities for disadvantaged groups to access the Bradman Centre facilities including playing on Bradman Oval.
- worked with its media partners to spread its message that participation builds a brighter future.
- continually raised funds to employ a full time cricket officer to coordinate the activities and training.



The Kollege of Knowledge Kommittee for Kids is the Principal Partner– Southern Highlands and provides essential funds to cover the cost to provide coaches to deliver the program on a regular basis.

Become a Program Partner or Heritage Member today and help us engage children in sport.

Assist to fund our staff to deliver the COVERDRIVE program for schools in the Southern Highlands.

RESPECT | COURAGE | HONOUR | HUMILITY | INTEGRITY | DETERMINATION



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